

Suburban Basketball League

Rules and Regulations

1. Quarters are 7 minutes long for all age groups. Overtime is 3 minutes.
2. Each team will get (3) full timeouts and (2) 30-second timeouts.
3. 9's, 10's and 11's must play man-to-man defense. This does not mean you can't double team or give weak side help. A full court press is allowed, but once you cross the mid-court line you must fall back into a man-to-man defense. Every player must pick up a man. They are not allowed to stay in the lane if their player is not there. Penalty - warning for the first offense, technical thereafter.
4. There seems to be some confusion over foul shots. Only the 9 girls are allowed to go over the line. They must start behind the line.
5. 9 through 11 use the smaller woman's basketball (28.5). All others use a regulation ball.
6. PIAA rules apply.
7. Home team must supply (2) qualified referees a time keeper and a scorer. The refs cannot be fathers or relatives of the players or be under 16 years of age. The visiting team may have a scorekeeper at the table.
8. The three-point is in effect if marked.
9. No basketballs are permitted in the gym except for team balls. These must be bagged when not in use.
10. In 9 thru 11, no full-court press is permitted by a team who is ahead 15 or more points. In 12 or older leagues the limit is 20 points.
11. At Colonial MS, Plymouth will provide basketballs for each. Do not bring balls to the gym.
12. No game may be started prior to 6:15pm or after 8:45pm during the week. On Saturday, no game may start prior to 9:00am or after 8:45pm. On Sunday, no game may start prior to 12:00pm or after 8:45pm.
13. Games can only be canceled due to inclement weather or the loss of the gym. If you have less than 8 players, you may call up younger players or intramural players on a one time only basis to bring you up to 8. Call Bob Becker first to get permission.
14. Bob Gallagher is the head of the referees. Phone (215) 773-0657 or (215) 280-0424. If you get officials from the league, you must call Gallagher at least 2 hours prior to game time to cancel. Otherwise, you will be charged for the game. Fees are \$35.00 per ref - \$53.00 if only one ref shows up. If you must reschedule a game, you must call Gallagher directly.
15. It is incumbent on both coaches to contact each other at least a day or two prior to the game. This will avoid misunderstanding or oversights. If you do not and the other team does not show-up, you will not be reimbursed for costs or get a forfeit win.
16. Forfeit money must be paid before your organization can participate in the playoffs and the all-star games.
17. The winning team must call the score in within one week or both teams will get a loss. Call Bob Becker at (215) 643-3690. Do not email or call Bob's cell phone with scores.
18. If you find a mistake in the standings let Bob Becker know as soon as possible. Once the playoff seeds are set, it will be too late.

Playoffs

- If there is a tie for seeding purposes, there are 3 tie-breakers:
 - The first is head to head games.
 - Second is strength of schedule (you get one point for each win every team has that you played)
 - Third is a coin toss.
- If there is a tie for the final playoff spot, there will be a play-in game.
- All games are crossover games as long as possible. If three teams in the east win and one team from the west, the lowest seeded team in the east will be moved to the lowest seed in the west. Team 4 will play team 1 in the other division 3 vs. 2 etc. The home court will go to the team with the better record.
- Bob Becker will get all referees. Each team will pay for one ref (\$35.00)
- No games may be played on the day of your all-star game.
- Scores must be called in the night of the game.